



Messengers is an arts-based support program for young people experiencing mental health issues who are at risk of disengaging from school and their community.

# TERM 3

### Twisted Tales @ Charles Conder Primary School

Monday, 12.30pm – 2.30pm Tell stories through movement & drama.

# Art Lab @ Tuggeranong Arts Centre

Monday, 1.00pm – 3.00pm Learn skills in drawing, painting, sculpture, digital art & more.

# Gungahlin Links @ Palmerston Community Centre

Tuesday, 9.30am – 12.00pm Explore identity through painting, writing, movement & more.

#### Pop in Art @ Tuggeranong Arts Centre

Tuesday, 3.30pm – 5.00pm Drop in and work with art materials and musical instruments.

# Drop in & Draw @ Caroline Chisholm Primary School

Wednesday, 9.00am – 11.00am Learn skills in drawing, painting, sculpture & more.

# Sketchy Southside @ Tuggeranong Arts Centre

Wednesday, 12.30pm – 2.30pm Learn skills in drawing, painting, sculpture, digital art & more.

# Belco Links @ Belconnen Youth Centre

Thursday, 9.00am – 11.30am Explore identity through painting, writing, movement & more.

# Young Artists-in-Residence @ Canberra Glassworks & Megalo Print Studio

Friday, 9.30am – 12.30pm. Six week residencies learning casting,

